

## THE CLAIMS

What is claimed is:

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- 5 patient having skin comprising:
- at least one fruit extract from pomegranate in an amount sufficient to neutralize free radicals;
- at least one moisturizing agent in an amount sufficient to facilitate hydration of the skin; and
- 10 a pharmaceutically acceptable carrier.
2. The dermatological agent of claim 1, wherein the fruit extract is present in an amount from about 0.01 to 80 weight percent.
- 15 3. The dermatological agent of claim 1, wherein the moisturizing agent is selected from the group consisting mono- or poly-hydroxy acids, hydrophobic agents, hydrophilic agents, and mixtures thereof.
- 20 4. The dermatological agent of claim 3, wherein the mono- or poly-hydroxy acid is selected from the group consisting of glycolic acid, lactic acid, citric acid, tannic acid, salicylic acid, and mixtures thereof.
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- 25 5. The dermatological agent of claim 3, wherein the hydrophobic agent is selected from the group consisting of seramide, borage oil, tocopherol linoleate, dimethicone, glycerine, and mixtures thereof.
- 30 6. The dermatological agent of claim 3, wherein the hydrophilic agent is selected from the group consisting hyaluronic acid, sodium peroxylinecarbolic acid, wheat protein, hair keratin amino acids, and mixtures thereof.

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7. The dermatological agent of claim 1, wherein the moisturizing agent is selected from the group consisting of primrose oil, GLA 3, flax seed oil, and mixtures thereof.

5 8. The dermatological agent of claim 1, further comprising at least one sunscreen or sunblock component.

9. The dermatological agent of claim 8, wherein the sunscreen or sunblock component is selected from the group consisting of titanium dioxide, zinc oxide,  
10 talc, red veterinary petrolatum, a cinnamate, a benzene, a salicylate, a benzoic acid, a benzophenone, and mixtures thereof.

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10. The dermatological agent of claim 1, further comprising at least one cysteine component, magnesium component, manganese component, copper component, or  
15 selenium component.

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11. The dermatological agent of claim 10, wherein the cysteine component, if present, is N-acetyl cysteine and is present in an amount from about 1 to 10 weight percent, the magnesium component, if present, is magnesium ascorbate and is  
20 present in an amount from about 1 to 10 weight percent, wherein the magnesium is present in an amount from about 10 to 30 weight percent of the complex, the manganese component, if present, is manganese ascorbate and is present in an amount from about 0.5 to 10 weight percent, wherein manganese is present in an amount from about 5 to 20 weight percent of the complex, or the copper component, if present, is copper sebacate and  
25 is present in an amount from about 0.01 to 5 weight percent, wherein the copper is present in an amount from about 5 to 20 weight percent of the complex.

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12. The dermatological agent of claim 1, further comprising at least one of wild yam root, wild yam extract, yellow dock, bupleurum, poria cocos, gentian root,  
30 myrrh gum, hawthorn berry extract, marshmallow root, rosemary extract, black cohosh, soy or ginger.

Sub 4 ant 5 13. The dermatological agent of claim 12, wherein the amount of wild yam root, wild yam extract, marshmallow root, hawthorn berry extract, and rosemary extract, if present, is from about 0.5 to 8 weight percent each, the amount of yellow dock, if present, is from about 1 to 30 weight percent, and the amount of bupleurum, poria cocos, gentian root and myrrh gum, if present, is from about 1 to 20 weight percent each.

10 14. The dermatological agent of claim 1, which further comprises at least one anti-inflammatory component in an amount sufficient to reduce inflammation of the patient's skin.

15 15. The dermatological agent of claim 14, wherein the anti-inflammatory component is present in an amount from about 5 to 40 weight percent.

Sub 05 15 16. The dermatological agent of claim 14, wherein the anti-inflammatory component is selected from the group consisting of a vitamin E source, a transition metal component, aloe vera gel, aloe vera, licorice extract, pilewort, Canadian willow root, zinc, allantoin, and mixtures thereof.

Sub 05 20 17. The dermatological agent of claim 1, which further comprises at least one immunity boosting component in an amount sufficient to stimulate the patient's immune system response to prevent or facilitate repair of damaged skin.

25 18. The dermatological agent of claim 17, wherein the immunity boosting component is present in an amount from about 1 to 20 weight percent.

19. The dermatological agent of claim 17, wherein the immunity boosting component comprises at least one booster selected from the group of echinacea, echinacea extract, golden seal, and mixtures thereof.

30 20. The dermatological agent of claim 1, which further comprises at least one antioxidant.

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21. The dermatological agent of claim 20, wherein the antioxidant is selected from the group consisting of a catechin-based preparation, a vitamin A source, a ginkgo biloba extract, a silymarin source, a quercetin compound, a vitamin C source, a carotenoid, and mixtures thereof.

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22. The dermatological agent of claim 1 adapted for oral administration.

23. The dermatological agent of claim 1 adapted for topical administration.

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Sub All 24. A dermatological agent for managing a dermatological condition in a patient having skin comprising:

at least one fruit extract in an amount sufficient to neutralize free radicals;  
a transition metal component in an amount sufficient to inhibit or reduce  
15 inflammation; and  
a pharmaceutically acceptable carrier.

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25. The dermatological agent of claim 24, wherein the at least one fruit extract is selected from the group consisting of apricots, apples, pears, peaches, pineapples,  
20 papayas, pomegranates, cherries, kiwis, tangerines, grapes, oranges, and mixtures thereof.

26. The dermatological agent of claim 25, wherein the at least one fruit extract is selected from the group consisting of pears, peaches, pineapples, papayas, pomegranates, kiwis, tangerines, oranges, and mixtures thereof.

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27. The dermatological agent of claim 24, wherein the transition metal component comprises zinc.